

7- 8 RECORD HOLDERS

EVENTS	FEMALE RECORD HOLDER	TIME/ DISTANCE	Year
100 Meter Dash	Nevaeh Thompson	14.33	2016
200 Meter Dash	Nevaeh Thompson	30.65	2016
400 Meter Dash	Nevaeh Thompson	1:19.28	2016
800 Meter Run	Hope Anthony	3:02.8	2018
1500 Meters	Hope Anthony	6:02.00	2018
1600 Meter Run	Elizabeth Agudzi-Addo	6:40.00	2015
Mile Run	Hope Anthony	6:46.77	2018
800 Rack Walk	Alisha Smith	5:55.84	2013
1500 Rack Walk	Loriah Castro	11:08.40	2012
Mile Race Walk	Loriah Castro	13:27.15	2012
Long Jump	Nevaeh Thompson	12'8	2016
Shot Put	Nevaeh Thompson Mykal Jackson	14'10	2016 2019
Turbo Javelin	Victoria Clark	57 feet	2016
Multi	Nevaeh Thompson	1,410	2016
SMR	Emma Rossom Eva Foster Lilana Spencer McKenzie Preston	2:55.00	2019
4x100	Ashlyn Jones Khalia Lyons Ashanti Martin Ashley Wallace	1:08.41	2009
4x200	Kamari Bullock Taylor Cummings Alisha Smith Alvaina Avant	2:43.95	2013
4x400	Malice Greene R. Lane A. Taylor L. Winner	5:49.40	2006