

15- 16 RECORD HOLDERS

| EVENTS | FEMALE RECORD HOLDER | TIME/ DISTANCE | Year |
|-------------------|---|-------------------|------|
| 100 Meter Dash | Keira Beaumont | 11.88 | 2022 |
| 200 Meter Dash | Keira Beaumont | 24.70 | 2022 |
| 400 Meter Dash | Loren Dyer | 59.18 | 2008 |
| 800 Meter Run | Charity Haynes | 2:24.48 | 2006 |
| 1500 Meter | Rachel Nelson | 5:31.51 | 2008 |
| 1600 Meter Run | Cynthia Pena-Baker | 6:51.95 | 2015 |
| 3000 Meters | Kaitlyn Kehoe | 11:44.50 | 2005 |
| 1500 Race Walk | Alezia Avant | 11:56.68 | 2013 |
| 3000 Race Walk | Megan Greany | 22:25.7 | 2003 |
| 100 Meter Hurdles | Morgan Knight | 15.29 | 2012 |
| 110 Meter Hurdles | Monae Waller | 15.32 | 2006 |
| 400 Meter Hurdles | Monae Waller | 1:07.0 | 2006 |
| Long Jump | Jeonna Taylor | 16'6" | 2012 |
| High Jump | Monae Waller | 5'2 | 2008 |
| Triple Jump | Jeonna Taylor | 35'3" | 2012 |
| Hammer Throw | Allissa Martin | 47'10 | 2023 |
| Discus | Naihia Rose | 94'11" | 2011 |
| Shot Put | Neveah Hill | 36'1 1/4 | 2018 |
| Javelin | Jasmine Blair | 108'3.5 | 2016 |
| Pentathlon | Adrianna Ross | 2735 pts | 2009 |
| 4X100 | A. Burks L. Dyer P. Lloyd D. Williams | 51.1 | 2008 |
| 4X400 | Alyssia Greene Jamie Lott Jaquonna Lott Monae Waller | 4:00.02 | 2006 |
| 4X200 | Autumn Clifton Sydney Metcalf Kiara Bullock Syvanna Metcalfe | 1:54.00 | 2015 |